



Genetic
Cardiomyopathy
Awareness
Consortium

MYself. MYfamily. MYlegacy.

Genetic CardioMYopathy Awareness

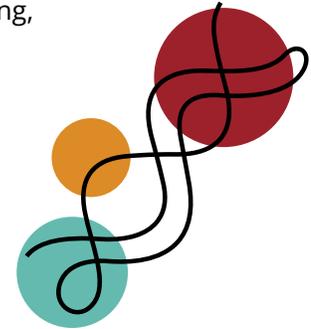
Genetics and Cardiomyopathy

The Genetic Cardiomyopathy Awareness Consortium (GCAC) is comprised of multiple U.S. based cardiomyopathy patient groups to spread awareness of the role that genetics plays in cardiomyopathy.

➤ Only about **1%** of diagnosed cardiomyopathy patients get genetic testing, but close to **50%** of cardiomyopathy has some type of genetic basis.

If you or a loved one has been diagnosed with cardiomyopathy that was not caused by a heart attack or coronary artery disease, you should consider getting genetic testing to see if a gene mutation may have caused your cardiomyopathy.

Genetic testing could potentially save and improve your life, your family's lives, and help advance research and therapies in cardiomyopathy.



For more information, please visit www.geneticcardiomyopathy.org

- All major cardiology governing bodies recommend that any diagnosed cardiomyopathy patients (not caused by a heart attack or coronary artery disease), should receive genetic testing to identify any cardiomyopathy-related gene mutations.
- You should first ask if your cardiologist has the ability to refer you to a genetic counselor for genetic testing and have them help you facilitate this process.
- If your cardiologist is unable or unwilling to help you through the genetic testing process, we have helped to create a simple and inexpensive process for you to get tested. Through a partnership with genetic testing firms, cardiomyopathy patients can access direct-to-patient genetic testing and genetic counseling. In most instances, genetic testing for diagnosed cardiomyopathy patients is covered by insurance, and genetic counseling may also be covered.

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DCM Foundation
Hope for People with Dilated Cardiomyopathy

GET TESTED

Please share this document with anyone you know who may have cardiomyopathy and with your medical providers.